The Ten Things Managers Need to Know from The Energy Bus

1. Rule 1: You’re the Driver of Your Bus. In order to take your life where you want it to go, you need to be the controller of your bus. If you’re not the driver, you’ll always be at the whim of everyone else’s travel plans. You have the best seat and the best view of your life so it’s up to you. Of course you will seek advice and directions along the way, but always remember it is your trip.

2. Rule 2: Desire, Vision, and Focus Move Your Bus in the Right Direction. Without focus, nothing would get done. Buildings wouldn’t get built and paintings wouldn’t get painted without focus. Vision starts with your thoughts, what we think about we attract. What we put our energy and attention on starts to show up more in our life. Energy we project through our thoughts is energy we receive. Focus your energy on your vision and what you want.

3. Rule 3: Fuel Your Ride with Positive Energy. Having desire, vision, and focus will help you turn your bus in the right direction, and positive energy is needed to take you where you want to go. Throw out and discard all negative energy that comes your way and find the positives in the situations. You may be having a bad day at work or a lot to do, but be thankful you have a job to go to while many others do not. Always fuel your life with positive energy if you want to be successful.

4. Rule 4: Invite People on Your Bus and Share Your Vision for the Road Ahead. The more people you pick up along the way of your ride the more energy you create. You want to keep asking people to join, the worst they can say is no. It is important for people to build their team with positive people who support them in their vision. There’s no better way to get people on your bus than telling them where you are going and asking them to get on.

5. Rule 5: Don’t Waste Your Energy on Those Who Don’t Get on Your Bus. Some people are going to be on board with your vision and some people won’t. Don’t waste your energy trying to get those people on your bus. You can’t drive anyone else’s bus, you can only drive yours. The more energy you spend worrying about those who won’t get on your bus, the less energy you have to spend on the ones who are already on it. Everyone makes their own decisions.

6. Rule 6: Post a Sign That Says NO ENERGY VAMPIRES ALLOWED on Your Bus. You have to be a strong person and tell people there is no negativity allowed on your bus. Negativity will always bring people down, so you have to overcome it. You have to say this is where we are going and we need a positive team to get there and whoever is negative about it will be kicked off or left at the station. You can give people a chance to change and if they don’t they will be kicked off or they will ruin your ride.

7. Rule 7: Enthusiasm Attracts More Passengers and Energizes Them During the Ride. When you get excited and enthusiastic about your life and work you bring a powerful divine energy to everything you do, and people notice. When you’re enthusiastic, people want to get on your bus. You get a reputation as someone people want to work for. Enthusiasm comes from the Greek work entheos, which means “inspired” or “filled with the divine.”
8. Rule 8: Love Your Passengers. Love is the answer for the team’s success. Enthusiasm is important, but love is the answer. You’ve got to become a love magnet by loving your employees, your customers, your company, and your family. You can give someone all the trophies or a raise, but eventually the gift is forgotten and what remains is the feeling of whether you love them. If you treat them like a number, then they’ll treat you like a number.

9. Rule 9: Drive with Purpose. Purpose is the ultimate fuel for our journey through life. When people drive with purpose we don’t get tired or bored and our engines don’t burn out. There is no spirit in companies anymore because there’s no spirit in the people who work for these companies. You’re driving the bus, so you have to communicate your vision and purpose with your passengers. Once they are a part of this bigger purpose and vision they will work harder and longer for you. Purpose is what life is all about.

10. Rule 10: Have Fun and Enjoy the Ride. We only have one life to live and ride, so we might as well enjoy it to the max. Too many people think they are going to live forever and spend their life accumulating things they can’t take with them when their bus ride is over. Too many people stress over too many meaningless things. Don’t go through life with regrets and live like you have nothing to lose. Just enjoy your ride.